



A bilingual summer camp for diabetic boys and girls ages 8 to 16

Founded in 1958



www.diabetes-children.ca

More than 50 summers,
hundreds of canoe trips,
thousands of injections
and controlled hypoglycaemic
episodes as well as countless
wonderful memories and laughs
and counting!

ACCOMMODATIONS AND FACILITIES

Camp Carowanis is spread over more than 150 acres of forested land on the shores of Lake Didi in Sainte-Agathe-des-Monts, some 85 kilometres from Montreal.

The main onsite facilities comprise Ross Hall, a spacious dining hall with modern kitchen; the well-equipped Belmonte & Dr. Bob Infirmaries; the McGarry Chalet, for indoor activities; a waterfront recreational centre; as well as the Administration Building. Campers sleep on cot-like beds in large tents mounted on platforms.



"There are no friendships that can compare to those made at camp."
- Élise, 16 years old



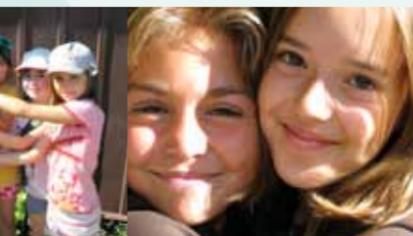
MEDICAL PROGRAM

Staffed by doctors, nurses and medical residents, the Belmonte Infirmary provides campers with round-the-clock, specialized medical care. Campers test their blood-sugar levels at least four times a day under supervision and learn how to administer insulin injections on rotating sites. The onsite doctors and nurses also teach them how to recognize the symptoms of and treat hypoglycaemia, and how to adjust their insulin doses accordingly.

Working in league with doctors, a team of dieticians prepares individual diet plans as needed and teaches campers how to calculate the nutritional value of various foods in accordance with their diet.

FINANCIAL AID

No diabetic child is ever refused admission for financial reasons.



"It feels like home as soon as you get here."
- Mathieu, 19 years old

"Camp Carowanis will always be my second family."
- Moira, 15 year old



CAMP PROGRAMS (AGES 8 TO 16)

Camp Carowanis offers a full two-week program of leisure and sports activities. Camp-program activities are conducted under the supervision of a high ratio of counsellors to campers, as well as a team of section leaders led by the Camp Director and his assistants.

- Artisanat, dance, theatre
- Rowing, canoeing, kayaking
- Archery, yoga, campcraft
- Volleyball, badminton, basketball
- Cycling
- Hiking, nature study
- Tennis, soccer
- Canoe/camping trips (3 to 4 days, depending on the age group)
- Swimming in Lake Didi
- Leader program for 16 year old campers
- And so much more...



FAMILY WEEKEND

(FOR FAMILIES WITH DIABETIC CHILDREN UNDER 8 YEARS OF AGE)

Available to diabetic children under 8 years of age and their entire families, with each family housed in a separate tent. This very special weekend, usually held in mid-August, offers parents advice and counselling from a team of multidisciplinary health professionals through workshops and information sessions, while children enjoy camp activities under the supervision of experienced counsellors.

INFORMATION

To obtain additional information and/or a registration form, complete and return to the above address.

(Please in print characters. Thank you!)

Mother Name

Father Name

Address

City

Province

Postal Code

Residential Telephone

Office Telephone

Your questions are about:

- 2 week sessions (ages 8 - 16)
- 6 week sessions Leader program (16 years old)
- Family week-end (under 8 years of age)



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